

# May 6 - May 10

## 2024

## MIDDLE SCHOOL














ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS

Produce of the Month:

# Berries



Did you know Northeast Native American tribes revered blueberries? The calyx forms the shape of a perfect five-pointed star; and the tribe’s elders told how the Great Spirit sent “star berries” to relieve children’s hunger during a famine.

6	Monday	7	Tuesday	8	Wednesday	9	Thursday	10	Friday
	<div>CHEF'S GRILL</div> <div>Waffles</div> <div>Scrambled Eggs</div> <div></div>	<div>CHEF'S GRILL</div> <div>Harvest Apple Salad</div> <div></div>	<div>CHEF'S GRILL</div> <div>Orange Chicken</div> <div>Yakasoba Noodles</div> <div>Orange Tofu</div> <div></div>	<div>CHEF'S GRILL</div> <div>Cheese Lasagna</div> <div>Garlic Bread Stick</div> <div>Eggplant Parm</div> <div></div>	<div>CHEF'S GRILL</div> <div>Captain's Platter: Calamari, Clams &amp; Halibut</div> <div>Steamed Potatoes &amp; Corn on the Cob</div> <div></div>				
	<div>PIZZERIA</div> <div>Cheese &amp; Pepperoni Everyday!</div> <div>Spinach Mushroom Garlic</div> <div></div>	<div>PIZZERIA</div> <div>BBQ Chicken</div>	<div>PIZZERIA</div> <div>Garden Vegetable</div> <div></div>	<div>PIZZERIA</div> <div>Sausage Pepperoni and Mushroom</div>	<div>PIZZERIA</div> <div>Four Cheese</div> <div></div>				
	<div>BURGERLAND</div> <div>Veggie Burger Everyday!</div> <div>Breakfast Burrito</div> <div></div>	<div>BURGERLAND</div> <div>Tortilla Burger</div>	<div>BURGERLAND</div> <div>Hot Dogs with Chili</div>	<div>BURGERLAND</div> <div>Salmon Burger</div>	<div>BURGERLAND</div> <div>Portobello Mushroom Burger</div> <div></div>				
	<div>TASTE OF ITALY</div> <div>Plain Pasta with Choice of Sauce Everyday!</div> <div>Sausage Bolognese</div>	<div>TASTE OF ITALY</div> <div>Cheese Tortellini with Sundried Tomato Pesto</div> <div></div>	<div>TASTE OF ITALY</div> <div>Meatball Caccitore</div>	<div>TASTE OF ITALY</div> <div>Chicken Marsala over Angel Hair</div>	<div>TASTE OF ITALY</div> <div>Baked Spaghetti</div> <div></div>				
	<div>MEXICAN FIESTA</div> <div>Nacho Supreme</div>	<div>MEXICAN FIESTA</div> <div>Carnitas with Black Beans</div>	<div>MEXICAN FIESTA</div> <div>Cheese Quesadilla</div> <div></div>	<div>MEXICAN FIESTA</div> <div>Fish Tacos with Spanish Rice</div>	<div>MEXICAN FIESTA</div> <div>Chicken Burritos</div>				

Gluten Free Options Upon Request or  
Check out the Gluten Free Zone



Vegetarian



Produce of the Month

